

Red Squirrel Food

What is the very best food for Red Squirrels?

- Of course, it is the wide range of nuts and seeds that red squirrels find whilst foraging in their natural habitat. Depending on the time of year that may comprise hazelnuts, beech mast, pine seeds, grass seeds, flower seeds, fruits and berries.

If you decide you'd like to supplement their natural forage, use a mixture of nuts, seeds and fruit. Here is the list of the ingredients we include in our own **Red Squirrel Mix**.

- **Hazel Nuts** in the shell (approx. 20%)
- **Peanuts**, whole, loose (approx. 20%)
- **Pine Nuts** in the shell (approx.20%)
- **Black Sunflower Seed** in the shell (approx. 20%)
- **Groundnuts** in the shell (approx. 10%)
- **Walnuts** broken loose (approx. 5%)
- **Dried Banana** and/or Apple slices (approx. 5%)
- **Calcium Supplement** (trace)

The reason quantities are approximate is that we mix 10kg at a time and then decant into 1kg, 2kg and 5kg bags. Therefore, there may be some small variation in proportions of products in each decanted bag.

We only use best quality ingredients: **Hazelnuts** are Grade 1.; **Peanuts** are whole Indian Bold 70/90 grade; **Pine Nuts** are best quality in the shell; **Black Sunflower Seed** is the whole seed and we use black rather than cheaper striped seed because black is higher in oils; **Groundnuts** are peanuts in the shell, because squirrels need to gnaw to keep their teeth healthy; **Walnuts** are very expensive, but are rich **in vitamins**; **Dried fruit**, whether apple or banana is a rich source **of vitamins**. Calcium Supplement is vital for nursing females and youngsters.

We do not include Maize or Wheat because this is a favourite food of Grey Squirrel, which we do not want to encourage. Peanuts should not be given exclusively, but only as part of a varied diet. This is because young red squirrels can suffer from calcium deficiency if they over-indulge on tasty peanuts.

Red Squirrel Food prices:

1kg - £5.45 (£5.45/kg)

2kg - £10.90 (£5.39/kg)

5kg - £27.25 (£5.25/kg)

10kg - £54.50 (£5.00/kg)

Available from our Dumfries shop – 01387 731 210